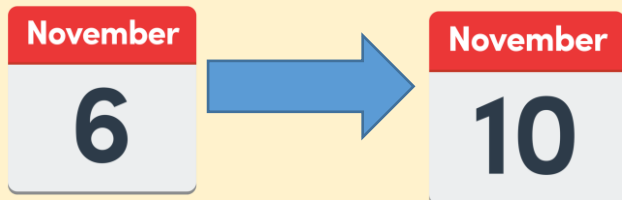




## How to take part in Advocacy Awareness Week 2023



Advocacy Awareness Week takes place from 6 - 10 November 2023.



People will be sharing things like blog posts and videos online to celebrate advocacy and how advocacy can help people.



You can join in and help tell people what advocacy means to you.

Each day we will talk about how advocacy has helped people.



You can share as many thoughts and ideas as you like.



**What?**

What kinds of things do advocates do?



Are there things that advocates don't do?

What are they?



How does advocacy help people?

How has advocacy helped you?



Why advocacy is important to you?



If you want to write a blog, record a video or a podcast for us to share, please email [advocacy@ndti.org.uk](mailto:advocacy@ndti.org.uk) and tell us what you want to do.



We will share it on our social media and website.

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