## LIVING WELL SMOKING CESSATION AND VAPING WORKSHOP





Do you smoke or vape?



Would you like to know what smoking or vaping does to your body?

Would you like to stop smoking or vaping?



If you do, come to our workshop on smoking and vaping.



**Date: 28th September 2023** 

Time: 10.30 am - 12.00 pm

**Venue Aachen Hall Day Service CSS** 

Halifax HX3 OHA

**Contact us for more information** 

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