



## **MEET THE TEAM!**

Name: Roy Hayes

Role: Project Ambassador

Tell us about your average day

I like to get into the office at least 10 minutes before I start, to give me chance to prepare.

I always check first and respond to any emails I have, and open my Jobs to do folder. I responded to my emails and sent those that I needed to send.

My next job today was to book myself onto some training.

I then prepared what I needed to take with me when I was visiting the self-advocates this afternoon. I was to ask them information about the activities they do already, and those that they would like to do. This was by way of a questionnaire. I did this immediately after lunch.

On my return to the office I looked at the feedback forms from some training I delivered on Tuesday. I collected all the relevant information and entered it onto a report.

