



## Email Newsletter – February 2023



**West Yorkshire Health and Care Partnership** have designed a poster to show what programmes and services are available to help prevent and manage diabetes. Click on this link to have a look:

[WYHCP Diabetes Poster](#)



**Calderdale Council** have released their consultation budget. Read about it on their website:

[Cabinet's Consultation Budget 2023/24 to 2025/26](#)



**Dr James Thomas, GP and Medical Director for the West Yorkshire Integrated Care Board**, is calling for people who haven't yet had their flu and COVID vaccinations to come forward as soon as possible. Both viruses continue to spread widely across the region and are putting pressure on NHS services.

['Get jabbed' plea from top doctor](#)

Follow us on Facebook and Twitter **@leadthewaycald** for more updates!

## Other Information



**The Calderdale Survey 2023.** As part of Calderdale Council vision 2024, they would like to have some feedback on life in Calderdale. Please click the link to take part:

[Calderdale Vision Survey](#)

**Calderdale Council** is holding their next local elections on the **4<sup>th</sup> of May 2023**. Follow these links for further information.

For general information on voting and how politics affects you: [Every Vote Counts](#)

The Electoral Commission have some information about how to register to vote and how you can cast your vote: [How to vote](#)

To find out where to vote: [Where do I vote?](#)

**Learning Disability England** have produced information about **Protecting our Human Rights**.

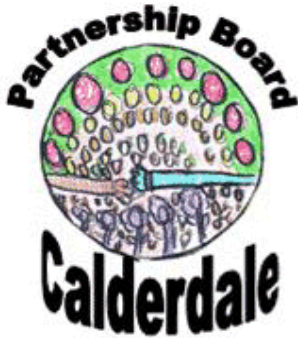
Please follow the link to their website below:

[protecting our human rights](#)

**Calderdale Self Advocacy Network** is welcoming adults in Calderdale with a learning disability who are passionate about speaking up about things that matter to them. If you are interested in becoming a member or would like more information, please contact us on **01924 454875**.

Please call us on 0300 012 0416, or email [info@leadthewaycalderdale.org](mailto:info@leadthewaycalderdale.org) if you would like to make a referral to our service!

## Events and Groups at Lead the Way



The next **Calderdale Learning Disability Partnership Board** meeting will take place on Thursday March 2 at 10am-1pm (lunch at 12:30pm). This will be held at Mereside Centre, Shibden Park, HX3 6XG. If you would like to join the Partnership Board, we have put together an information pack about what we do, which you can find on our website:

[LDPB-Welcome-Pack.pdf \(leadthewaycalderdale.org\)](https://www.leadthewaycalderdale.org/LDPB-Welcome-Pack.pdf)



Have your say on the services which **Cloverleaf Advocacy** provide, and help shape them for the future. Join the **People's Panel** and have your voice heard.

For information on how to be involved, ring 01924 454875 or email [enquiries@cloverleaf-advocacy.co.uk](mailto:enquiries@cloverleaf-advocacy.co.uk)

For information about what services Cloverleaf provide, visit their website: [cloverleaf-advocacy.co.uk](https://www.cloverleaf-advocacy.co.uk)



**Taking part in physical activities** not only makes you physically fitter, but also **improves your mental health**.

Trying activities that you enjoy makes it easier to exercise such as walking, bike riding, swimming or taking part in a team game.

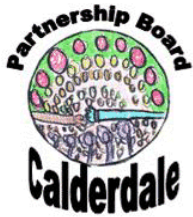
Please call us on **0300 012 0416**, or email [info@leadthewaycalderdale.org](mailto:info@leadthewaycalderdale.org) if you would like to come along to any of our groups or events!

# Carer Support



Our **Carer Support group** meets once a month on a Wednesday morning. The meetings take place at VAC, Hall Street, Halifax, 10-11.30am.

Upcoming dates are: 22 Feb, 29 March, 26 April



We would also like to invite **more carers to attend the Calderdale Learning Disability Partnership Board**, so we can make sure your views are heard. Please let us know if you would like more information about this.

**Thank you for reading our newsletter. Please feel free to get in touch:**



**0300 012 0416**



**info@leadthewaycalderdale.org**



**Lead the Way, Holmfield Mill, Holdsworth Road, Halifax, HX3 6SN**



**[www.cloverleaf-advocacy.co.uk](http://www.cloverleaf-advocacy.co.uk)**