

#### Email Newsletter – March 2023



Ofgem has made a new Energy Aware toolkit. It supports people this winter with advice on their rights, financial schemes they are eligible for and how to save energy.

Open the toolkit here See the Cost of Living Hub resources here





Renewing Your Blue Badge or Concessionary Bus Pass in Calderdale. To make an appointment to complete a Blue Badge or Concessionary Bus Pass application, please phone: 01422 288011. <u>Blue Badge Information</u> John's Campaign Lanyards for carers. John's Campaign is raising awareness of the role carers play in the lives of people with dementia. Calderdale and Huddersfield NHS Foundation Trust have signed up and introduced lanyards for the carers of people with long-term health conditions and dementia. To ask for a lanyard email <u>patientexperience@cht.nhs.uk</u> Follow the campaign

on Facebook or visit johnscampaign.org.uk

# Follow us on Facebook and Twitter **@leadthewaycald** for more updates!

# Ne commente tammente Ballot Box





### **Other Information**

**Calderdale Council** is holding their next local elections on the **4**<sup>th</sup> **of May 2023.** Follow these links for further information.

For general information on voting and how politics affects you: <u>Every Vote Counts</u>

The Electoral Commission have some information about how to register to vote and how you can cast your vote: <u>How to vote</u>

To find out where to vote: Where do I vote? Help for people with the lowest income from spring 2023. For more information, follow this link for the government website:

Spring Payments 2023

**Calderdale Self Advocacy Network** is welcoming adults in Calderdale with a learning disability who are passionate about speaking up about things that matter to them. If you are interested in becoming a member or would like more information, please contact us on **01924 454875**.

Please call us on 0300 012 0416, or email <u>info@leadthewaycalderdale.org</u> if you would like to make a referral to our service!

### **Events and Groups at Lead the Way**







The next **Calderdale Learning Disability Partnership Board** meeting will take place on Thursday March 2 at 10am-1pm (lunch at 12:30pm). This will be held at Mereside Centre, Shibden Park, HX3 6XG. If you would like to join the Partnership Board, we have put together an information pack about what we do, which you can find on our website:

LDPB-Welcome-Pack.pdf (leadthewaycalderdale.org)

Have your say on the services which **Cloverleaf Advocacy** provide, and help shape them for the future. Join the **People's Panel** and have your voice heard. For information on how to be involved, ring 01924 454875 or email <u>enquiries@cloverleaf-advocacy.co.uk</u> For information about what services Cloverleaf provide, visit their website: <u>cloverleaf-advocacy.co.uk</u>

#### Sam says:

"I find it hard to exercise in the winter months. To help me keep fit I walk on the spot while watching TV or dance while listening to music. I also do chair exercises."

Please call us on 0300 012 0416, or email <u>info@leadthewaycalderdale.org</u> if you would like to come along to any of our groups or events!

#### **Carer Support**

	Our <b>Carer Support group</b> meets once a month on a Wednesday morning. The meetings take place at VAC, Hall Street, Halifax, 10-11.30am. Upcoming dates are: 29 March, 26 April
Calderdale	We would also like to invite more carers to attend the Calderdale Learning Disability Partnership Board, so we can make sure your views are heard. Please let us know if you would like more information about this.

# Thank you for reading our newsletter. Please feel free to get in touch:



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www.cloverleaf-advocacy.co.uk

